

## 7<sup>th</sup> Grade Mini-Course Descriptions for 2018-2019

### **Fall/Winter 2018**

#### **Making Good Choices**

Everyone has heard the expression "What Would Jesus Do?" or well is it really that simple? This mini course will give teens the opportunity to talk about the things that impact their lives and the choices that they have to make every day and ask them to consider those choices through the lens of their Catholic Faith.

**Wednesdays 7:00 – 8:30pm**

**October 3, October 10, October 17, October 24**

#### **A Closer Look at the Lord's Prayer**

You know the words. You pray the prayer. But have you ever stopped to take a closer look at the Our Father? Ever wondered what one or more of the words means? Or considered how the Lord's Prayer became so central to our faith? This course will break open the Lord's Prayer to offer participants a deeper understanding of the prayer and how it can impact their lives today.

**Sundays 6:30-8:00pm**

**November 4, Nov 11, Nov 18, Nov 25**

#### **The Beatitudes**

Transforming the Beatitudes into your own "BE-ATTITUDES". The Beatitudes are a road map, calling each of us to ACTION! This mini-course will encourage teens to think about how the Sermon on the Mount impacts their life? Participants will be encouraged to think about how the Beatitudes call each of us to ACTION, and learning how to make the Beatitudes into "BE-ATTITUDES"!

**Mondays 7:00-8:30pm**

**November 19, Nov 26, December 3, Dec 10**

### **Winter/Spring 2019**

#### **The Mass and Me**

This mini course will take a closer look at our Mass, including the Rites, Prayers and traditions that make up the Celebration of Eucharist with the hopes that teens will feel more connected and enriched when they attend in Liturgy.

**Wednesdays 7:00 – 8:30pm**

**January 16, January 23, January 30, Feb 6**

#### **LENT 101**

What is Lent all about? Have you heard the words: "Prayer, Fasting, Almsgiving" and wondered what that means? This mini course will focus on the symbols, prayers and practices of the Lenten season to offer young people a deeper understanding of the importance of these practices as Catholics.

**Sundays 6:30 – 8:00pm**

**March 3, March 10, March 17, March 24**

#### **10 Commandments**

How do the 10 Commandments apply to your life today? This course hopes to re-introduce you to the values in the 10 Commandments. In addition to looking at what each Commandment says, teens will be encouraged to update each Commandment so that it is easily understood in the language of today's teenagers.

**Mondays 7:00-8:30pm**

**March 25, April 1, April 8, April 15**

#### **Safe Environment Training (required annually) - Select 1 of the following**

**Wednesday, October 10<sup>th</sup> at 6pm    Sunday, November 4<sup>th</sup> at 5:30pm    Monday, November 19<sup>th</sup> at 6pm**

Training sessions will last approximately 45 minutes and will be multi-grade sessions.

Please be sure to SIGN UP for your preferred date during enrollment as space will be limited in each session.