

## 7<sup>th</sup> Grade Mini-Course Descriptions for 2019-2020

### **Fall/Winter 2019**

#### **The Mass and Me**

This mini course will take a closer look at our Mass, including the Rites, Prayers and traditions that make up the Celebration of Eucharist with the hopes that teens will feel more connected and enriched when they attend in Liturgy.

**Wednesdays 7:00 – 8:30pm**  
**October 2, October 9, October 16, October 23**

#### **Making Good Choices**

Everyone has heard the expression “What Would Jesus Do?” – well is it really that simple? This mini course will give teens the opportunity to talk about the things that impact their lives and the choices that they have to make every day and ask them to consider those choices through the lens of their Catholic Faith.

**Sundays 6:30-8:00pm**  
**October 20, October 27, Nov 3, Nov 10**

#### **10 Commandments**

How do the 10 Commandments apply to your life today? This course hopes to re-introduce you to the values in the 10 Commandments. In addition to looking at what each Commandment says, teens will be encouraged to update each Commandment so that it is easily understood in the language of today’s teenagers.

**Mondays 7:00-8:30pm**  
**November 25, Dec 2, Dec 9, Dec 16**

### **Winter/Spring 2020**

#### **A Closer Look at the Lord’s Prayer**

You know the words. You pray the prayer. But have you ever stopped to take a closer look at the Our Father? Ever wondered what one or more of the words means? Or considered how the Lord’s Prayer became so central to our faith? This course will break open the Lord’s Prayer to offer participants a deeper understanding of the prayer and how it can impact their lives today.

**Wednesdays 7:00 – 8:30pm**  
**January 15, January 22, January 29, Feb 5**  
**If weather cancels a session we will meet Feb 12**

#### **Conversations with God**

Prayer is central to the development of a deep faith. This mini-course will introduce youth to various forms of prayer. It will include traditional prayer, time in the church to appreciate the sacredness of holy places and an opportunity to explore how technology can be used to support a healthy prayer life.

**Sundays 6:30 – 8:00pm**  
**March 1, March 8, March 15, March 22**  
**If weather cancels a session we will meet March 29**

#### **The Beatitudes**

Transforming the Beatitudes into your own “BE” – “ATTITUDES”. The Beatitudes are a road map, calling each of us to ACTION! This mini-course will encourage teens to think about how the Sermon on the Mount impacts their life? Participants will be encouraged to think about how the Beatitudes call each of us to ACTION, and learning how to make the Beatitudes into “BE-ATTITUDES”!

**Mondays 7:00-8:30pm**  
**March 16, March 23, March 30, April 6**

#### **Safe Environment Training (required annually) - Select 1 of the following**

**Wednesday, October 16<sup>th</sup> at 6pm    Sunday, November 3<sup>rd</sup> at 5:30pm    Monday, December 9<sup>th</sup> at 6pm**

Training sessions will last approximately 45 minutes and will be multi-grade sessions.  
Each training is held immediately prior to the start of a scheduled Fall mini-course session.  
Please be sure to SIGN UP for your preferred date during enrollment – space will be limited in each session.