

## Fred Meyer—New Tri-Parish Director of Administration and Finance



Fred Meyer has started work as the new Tri-Parish Director of Administration and Finance. Fred was born in Manhattan in New York City and grew up in Staten Island, NY. He moved to Westchester County upon college graduation, then moved to Monroe, CT where he and his wife Kathy lived for 40 years raising two daughters and a son. In October, 2021, Fred and Kathy moved to Malta, NY. to be close to their daughter Tori and her husband, John and their two granddaughters, Katarina and Daniella, who live in Ballston Lake.

Fred graduated from Monsignor Farrell High School in Staten Island and subsequently graduated from Iona College in New Rochelle, NY with a BBA in

Accounting. Fred has served as a Corporate Controller and Vice President of Finance for various broker/dealers and financial holding companies. Eventually he branched out to consulting, implementing Oracle ERP systems. His last implementation was at CBS Corporation where he was hired as Director of Application Development, eventually becoming responsible for CBS Corporate Accounts Payable. He retired from this position in 2021.

After settling into their new house, Fred wanted to do something that was challenging, but part-time. He ran across the position advertised in *The Evangelist*, and the position seemed to be a perfect place to use his experience to service the parish and Father Tom. Fred has many goals associated with this position. One of them would be to review policies and procedures and to make improvements where needed in the area of finance for the tri-parish community. Another would be working with the staff to do whatever possible to free Father's time so he can focus on the spiritual needs of all three parishes.

Welcome, Fred. We're happy to have you with us.



### Thank You from the St. Vincent de Paul's Society

We cannot thank the Knights of Columbus enough for organizing this food drive and our church families for participating! We have been amazed at the amount of food we have received! At risk parents and older adults will be relieved to be able to feed their families! Please remember we are here to help individuals or families who need food, rent, or help paying their bills. If you need help or know someone who needs assistance, please call the church's office and they will call one of our members.

Thank you again for all your help!

St Vincent de Paul's Society!



## Ministry Updates

### Bethlehem Tree By Vivian Swank

My husband and I have been involved in the Bethlehem Tree project since our daughter was in middle school. She is now 38!

We are ready to pass on the Bethlehem Tree “branch” to any volunteer(s) interested in coordinating this ministry. We will continue to help during the transition phase next year.

Please contact us if interested. It’s been a rewarding experience these many years. Thank you!!

*Vivian Swank*  
518-399-4903 and 518-4415439



### St. Vincent de Paul’s Society Needs YOU! By Joan Bunn

St Vincent de Paul’s Society is hoping to recruit new members to continue supporting the needy in our area. We are looking for someone to volunteer to be our treasurer. We have 2 present members who have been the treasurer, who would guide and support you in your new mission.

We are also looking for a member who would be willing to be in charge of the Thanksgiving and Christmas food baskets and Christmas gifts. During the first year, you would learn what the job entails so you would be comfortable taking over in the second year. Our Society currently meets the 3<sup>rd</sup> Wednesday of the month after the 9am mass. Please consider being a member and volunteering for one of these jobs. The pay is poor but your fulfillment will be priceless! Contact Joan Bunn at 518 669-6300 or [jmbhe@hotmail.com](mailto:jmbhe@hotmail.com) if interested!

### Rosary Society Tag Sale Returns May 19-20

After a long hiatus the Tag Sale is finally returning. We will be receiving donations starting May 8<sup>th</sup> and going through May 17<sup>th</sup>.

We will be selling 50/50 raffle tickets at masses on April 29<sup>th</sup> and 30<sup>th</sup> and again May 13<sup>th</sup> and 14<sup>th</sup> at all entrances. Please remember to bring address labels with your phone number.

During the Tag Sale we will be selling 50/50 raffle tickets as well as tickets for prizes. We will be raffling off a scratch-off lottery tree.

There will also be a bake sale, so all bakers are welcome to donate their homemade goodies.

Watch up-coming bulletins for more information.





## Ministry Updates

### Respect Life Ministry Update

By Larry Smith

Respect for life from conception to natural death is a tenet of our Catholic faith. Your parish Respect Life Ministry strives to help parishioners educate themselves on respect life issues.

You've probably seen headlines like this in the news:

"People will die": OB-GYNs explain how ectopic pregnancy and other complications threaten lives without abortion care.

<https://www.cbsnews.com/news/abortion-doctors-ectopic-pregnancy-risk/>

Hospitals including Catholic hospitals have handled this problem prior to abortion on demand. Here is the Catholic perspective from the USCCB:

Very rarely, continuing a pregnancy may put the mother's life at risk. In certain cases, such as aggressive uterine cancer or an ectopic pregnancy, it is morally licit to remove the threat to the mother's life by removing the cancerous uterus, or by removing part or all of the Fallopian tube where the child implanted, even though it is foreseeable that the child will die as an indirect and unintended effect of such surgery. Abortion, a direct and intentional attack against the child's life, is never morally licit. The unborn child and his mother have equal human dignity and possess the same right to life. When a medical crisis arises during pregnancy, there are always two patients involved. Doctors should do whatever they can to save both their lives, never directly attacking one—through drugs, surgery or other means—to save the other.

"To defend and promote life, to show reverence and love for it, is a task which God entrusts to every man" (*The Gospel of Life*, no. 42). Each of us is called to oppose abortion by every legal means available and to voice that opinion in the public square. We are called to support women and families whose circumstances may lead them to seek an abortion. And finally—"We are asked to love and honour the life of every man and woman and to work with perseverance and courage so that, our time, marked by all too many signs of death, may at last witness the establishment of a new culture of life, the fruit of the culture of truth and love" (*The Gospel of Life*, no.77)

<https://www.usccb.org/committees/pro-life-activities/life-matters-abortion-rlp-2011>

## Couple Celebrates 65 Years of Marriage

Ray and Ginny Thimineur recently celebrated their 65th wedding anniversary by going out to dinner. They will have a special celebration in April for Ray's 90<sup>th</sup> birthday. The couple married on February 1, 1958, at Sacred Heart Church in Schenectady.

They are the parents of four sons, seven grandkids and 5 great grandkids.



Ray and Ginny met at the A&P store on Albany St. when she was a senior in high school and he was a sophomore at Union College. On their first date they went to the movies and the next to a military ROTC ball.

They paid for their own wedding, which cost \$507. The meal for 110 people was \$1.10 per person and their three-tiered cake was \$25. Ginny borrowed her beautiful gown. Their honeymoon was to Ft. Wayne, Indiana where Ray went to work. Their first son was born in April of 1959. Ginny was a stay-at-home mom for many years. In 1961, They bought their first home in Dalton, Ma. When Ray was transferred back to this area with GE Silicone, they bought a home in Glenville. They have been in their current home on Willow Lane since 1968.



Ray and Ginny graduated from Mt. Pleasant High School. He worked for GE for 37 years and then ran his own consulting business for a decade. Ray traveled a great deal for work. As a couple they love to travel and stay active. For their 50<sup>th</sup> anniversary, they took a trip around the world and for their 60<sup>th</sup> anniversary they visited Alaska for two weeks.



A favorite travel destination for this couple is Australia, having taken 6 trips there and 2 trips to New Zealand. Ray enjoyed going into the "bush" as an amateur photographer. He said the bird life there is incredible. They have taken 21 trips to Europe, planning and traveling on their own. They used to spend winters in Hilton Head, where they especially enjoyed riding their bikes for 15 to 20 miles at a time. Both enjoyed going to the gym and riding bikes well into their 80s.

They like to keep busy. Ginny goes to water aerobics several times a week. She enjoys doing the Jumbles in the daily newspaper. Ray has an extensive antique glass collection and an impressive amount of salt and pepper shakers in that collection. Both like to play two handed rummy. Ray stated that his legacy is that they are world travelers and that they have always stayed active. They have been members of The Church of the Immaculate Conception since 1962.

We wish them both the best of health and many more years of special anniversaries.

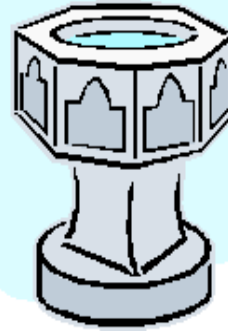


Cancel Abortion Pill Prayer Vigil Held

Kate Richardson, daughter of Amy and Mike Richardson, organized a Cancel Abortion Pill prayer vigil which was held on Saturday, March 4 in Burnt Hills. Kate heard about the nationwide effort organized by Students for Life resulting in over forty rallies nationwide. However, there were none scheduled in New York, so Kate felt called to organize one locally, and she did that in just one week. Twenty-two people came out in support of the effort in spite of the snowstorm that day. Kate led the group in praying the Rosary.



Times of Joy



*Congratulations and welcome to these children who received the Sacrament of Baptism from January 8, 2023 to April 15, 2023. We pray for the grace these families need to grow in their faith.*

Callie Joy Palermo, child of Jared & Elizabeth

Kinsley Ray Palermo, child of Jared & Elizabeth

Eric Christian Petel, II, child of Eric & Nesa

*These couples were married between January 8, 2023 and April 15, 2023. We wish God's blessing upon them.*



Shelby Van Epps to Timothy Zukas, Jr.

Emily Spellman to Christopher Pacelli

Caroline Martin to Nicholas Nelson

## Spotlight on Cap Capello

by Annette Botsford

In this *Pipeline* series, we hope to familiarize parishioners with those among us whom we see often but know little about. Readers are invited to contact Annette Botsford at [annettemarie829@gmail.com](mailto:annettemarie829@gmail.com) with suggestions of future subjects for this feature.

You may know Cap Capello as a lector with that deep voice or know of him as an outstanding DJ. Recently, over lunch, I learned of his unique talents, experiences, and his journey in faith and life.

Cap was born in Schenectady. His family eventually moved to Rotterdam where he graduated from Mohonasen High School in 1961. Following graduation, he enlisted in the Navy; serving in Vietnam in 1964, and was honorably



discharged as a 3rd Class Petty Officer. After leaving the military, he stayed in Los Angeles and briefly worked for IBM and then Southern Bell. There he worked up the ranks earning top pay at \$108 dollar a week. Cap was married to his first wife in 1964 and their first child was born in 1965. This tiny child had many challenges and, at six months of age, needed intense care outside the home. They also had a son in 1967.

While in CA in 1967, the Watts Riots occurred. Cap and three other Vietnam vets drove into LA to help the police, which in hindsight, was not a good idea. During that time, LAPD and other police departments had mass resignations. The pay was too good to ignore and Cap became a policeman and was with the department for 6 years. Being a police officer in LA was stressful on his marriage. Getting custody of his children and now a single parent, he was unable to get his shifts adjusted to properly care for the kids. Needing an 8 to 5, Monday through Friday job, he resigned. From there, he worked as a special agent for industrial security for a few months, then was hired as a communication expert for the county of Orange in Santa Ana. Becoming involved with the 6,000 member employees' union, he rose to be elected as the Chairman of the Council.

Due to his previous police officer duties, he received threats and recognized subjects who had promised bodily harm after their release; he decided it was time to leave California and return to upstate New York. Taking advantage of the time, Cap bought a 26-foot motor home and from June 1976 to May of 1977 he traveled through 48 states and covered 18,000 miles. With his son, girl friend, and dog Twitter (before Twitter was a thing), with permission from his single mom and the LA school district, he also brought along another boy, Matthew. Matthew was traveling in the wrong circles and Cap was helping him steer clear of trouble. Tragi-

cally, when Matthew returned home, he was killed in a gang shooting 6 months later.

Upon his return to upstate New York, GE found him through a head hunter and he became a network analyst with the TIPO group on Watt Street in Schenectady. He then was promoted to Systems Design Engineer for GE, ISCO. When the department relocated to Atlanta, GA, and his mobile DJ endeavors were taking off, he resigned from GE, and became a fulltime mobile DJ and entertainer.



And so how did he become a DJ? As entertainment chairman of a bowling league, there was a problem when the band canceled the night of the banquet. Cap brought his home stereo, his small music collection, and borrowed the house mic at the Paramount Lounge in Schenectady, and debuted as a DJ. Folks loved it, and he was invited back as the entertainment for the following year. He was then hired by the owners of the Downtown Athletic Club in Albany, which previously only had live entertainment, and was a house staple, attracting full houses and long lines. People still talk about the DTAC as if it were a shrine. From there, the evolution from club DJ to mobile DJ began.



He attributes his business success to being "OCD": Organized, Comprehensive, and Detailed. Though bands were in vogue for high end events, he offered a different form of entertainment yet with all the style and elegance of live music, plus complete event planning and coordination, setting the mobile DJ standard for the area. Cap became the first DJ to be inducted into the USA/CDWA Hall of Fame in 2008. He also has his career diplomas in both Wedding Event Planning and as a Bridal Consultant.

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## Cap Capello, continued from page 6

We talked a bit about his emotional faith journey. Cap was raised Catholic by his Polish mom and Italian father. He attended St. Luke's Church in Schenectady. When they moved to Rotterdam, he went to the Carman Firehouse beginnings of St. Gabriel's Church. Cap states that during his teen years, he was a rebellious soul. He feared (from the church's teachings at the time) that he was already damned, and would be going to hell for sure. But when his daughter was born who did nothing to deserve all her issues, he turned completely away from faith: for a long time.

During a later dark time in his life, he experienced depression, a crushed spirit, and felt isolated and completely alone. One evening, he went to bed and wanted to die and be done with it. He then shared his Jesus moment.

"It was like being on stage, lights dimmed and my life's focused spotlight got smaller and smaller. Becoming just a mini dot of light, just before it closed completely, I felt a hand on my shoulder and I heard a voice say 'I got this'. Though jarred and adrenaline pumped awake, a peacefulness quickly replaced all else."

Going to Immaculate Conception the next day, he talked to Fr. Tom Connery. Father Tom listened and then put the "angry at God about his daughter" completely to rest. Father Tom said his daughter was a special blessing from God. A wave of relief, guilt and a tsunami of human feelings washed over him. Cap then said, "What do I have to do to come back to the church?" Father replied, "Do you want to come back?" He replied, "Yes, I do!" Father hugged him, said, "Welcome home!", and Cap's faith blossomed. He became a lector, shared that gift of voice, and began to pay his blessings back. Wanting to pay homage to the body and blood of Christ, he additionally became a Eucharist Minister, was trained by the diocese as a SCAP minister, joined the church transportation ministry, and the After Glow Prayer Ministry.

Cap and his wife Allison have been married for 25 years. They have two fur babies, Joey & Rocco (longhaired Doxies) both certified and registered therapy dogs. Cap met Allison while Cap was hosting Karaoke. He still remembers the song she sang; Madonna's, "Material Girl" and was impressed with the fun she had with it, mistakes and all. They enjoy taking cruises where they can relax and Cap isn't in charge of anyone's entertainment except their own. They have taken approximately 30 cruises, mostly to the Caribbean, and domestically take annual trips to Cape May, NJ so as to relax and enjoy another favorite pastime; flying kites.

Now, they are planning short trips to places in New York and adjoining states they haven't been to; sites such as Letchworth State Park, Hershey Park, Corning Glass, and the Pennsylvania Amish country. Last year, he, Allison and their two long haired dachshunds rented a motor home and traveled from Boston up the Atlantic coast stopping for lobster rolls at every stop.

In his free time, Cap enjoys bowling and golfing, although he

says his scores are now the same for both sports. Although the demand for his DJ services suffered from the COVID epidemic, he still has to keep up with music subscriptions, listening to the lyrics of every song to ensure the music is appropriate for any group. He has expanded his performance as Video Jockey (VJ), when 95% of every song has the commensurate video. The music video is played on a 60-inch monitor. With the added video portion of his mobile DJ entertainment, people tend to stay a lot longer at the events, especially those who don't dance.

For over 25 years, Cap has been doing at least three pro bono dances a year for groups such as the CP Center, Helping Hand Lane, and other agencies that serve the physically disabled and impaired. He mentioned he would like agency coordinators to reach out to him if they would like to consider his services for their people.

And one more thing! Still riding motorcycles since the age of 21, and in his remaining free time, he rides with the Patriot Guard Riders of New York. The Patriot Guard Riders is a 100% Volunteer, federally registered non-profit organization which ensures every honorably discharged veteran, law enforcement and/or first responder who have passed, are paid the dignity and respect at the memorial services these Heroes have earned, as well as being escorted to their final resting place. He has done 289 missions (funerals) so far.

His story is one of a long journey of faith, fear, ambition, courage and service to his country, family and the church community.





# Images of Holy Week

Photos by Julie Ashcroft & Marge Rizzo

