

7th Grade Mini-Course Descriptions for 2023-2024

Fall/Winter 2023

Session 1: Making Good Choices

Everyone has heard the expression “What Would Jesus Do?” – Well, is it really that simple? This mini course will give teens the opportunity to talk about the things that impact their lives and the choices that they have to make every day and ask them to consider those choices through the lens of their Catholic Faith.

Sundays 6:30 – 8:00pm

October 1, October 8, October 15, October 22

Session 2: Ten Commandments

How do the 10 Commandments apply to your life today? This course hopes to re-introduce you to the 10 Commandments. In addition to looking at what each Commandment says, teens will be encouraged to update each Commandment so that it is easily understood in the language of today’s teenagers.

Wednesdays 7:00-8:30pm

**October 11, October 18, October 25,
November 1**

Session 3: Conversations with God

Prayer is central to the development of a deep faith. This mini-course will introduce youth to various forms of prayer. It will include traditional prayer, time in the church to appreciate the sacredness of holy places, and an opportunity to explore how technology can be used to support a healthy prayer life.

Mondays 7:00-8:30pm

**November 27, December 4, December 11,
December 18**

Winter/Spring 2024

Session 4: The Mass and Me and Us

PLEASE NOTE: This mini-course will take place at St. Joseph’s 6pm to 7:30pm

In this course, you and your parents will experience the Mass and then discuss the meaning of the Mass. The importance of regular attendance at Mass in the life of a Catholic will be discussed. The instructors will be Fr Tom, our deacons, our musicians and the community who gather at the 6pm Mass at St Joseph’s on Monday night.

Parents are expected to attend.

Mondays 6:00 – 7:30pm

**January 17, January 24, January 31,
February 7**

Session 5: A Closer Look at the Lord’s Prayer

You know the words. You pray the prayer. But have you ever stopped to take a closer look at the Our Father? Ever wondered what one or more of the words means? Or considered how the Lord’s Prayer became so central to our faith? This course will break open the Lord’s Prayer to offer participants a deeper understanding of the prayer and how it can impact their lives today.

Sundays 6:30 – 8:00pm

February 25, March 3, March 10, March 17

Session 6: (To be determined)

Wednesdays 7:00-8:30pm

February 26, March 4, March 11, March 18

Safe Environment Training (required annually) – Additional Information about this Training will be coming. There will be a series of dates for youth to select from to complete the training.