

## 6<sup>th</sup> Grade Mini-Course Descriptions for 2023-2024

### **Fall/Winter 2023**

#### **Session 1: The Beatitudes**

Transforming the Beatitudes into your own “BE” – “ATTITUDES”. The Beatitudes are a road map, calling each of us to ACTION! This mini-course will encourage teens to think about how the Sermon on the Mount impacts their life. Participants will be encouraged to think about how the Beatitudes call each of us to ACTION, and learning how to make the Beatitudes into “BE-ATTITUDES”!

**Sundays 6:30 – 8:00pm**  
**October 1, October 8, October 15,**  
**October 22**

#### **Session 2: Mary: Blessed Mother**

This course will look at Mary’s role as Mother. Mother of Jesus, Mother of the Church, Mother for each of us. In addition prayers of devotion, novenas and the rosary will all be taught to provide a deeper and better understanding of the importance of Mary in our Catholic faith tradition.

**Wednesdays 7:00-8:30pm**  
**October 11, October 18, October 25, November 1**

#### **Session 3: A Reading from the Letter of St. Paul**

Jesus said “Go and Make Disciples” and St. Paul did! Who was St. Paul and who was he writing too? This mini-course will help teens look at St. Paul as an example of how to be an active disciple and help each participant grow in a deeper understanding of the early church communities.

**Mondays 7:00-8:30pm**  
**November 27, December 4, December 11,**  
**December 18**

### **Winter/Spring 2024**

#### **Session 4: The Trinity**

The Trinity is the central mystery of the Christian faith and man, can it be a mystery to understand. This mini-course will strive to shed a little light on the church’s teachings around The Trinity. We will introduce participants to ways the mystery of the Trinity has been expressed through art, music and poetry in the Catholic tradition.

**Wednesdays 7:00 – 8:30pm**  
**January 17, January 24, January 31,**  
**February 7**

#### **Session 5: Lent 101**

What is Lent all about? Have you heard the words: “Prayer, Fasting, Almsgiving” and wondered – what does that mean? This mini course will focus on the symbols, prayers and practices of the Lenten season to offer young people a deeper understanding of the importance of these practices as Catholics.

**Sundays 6:30 – 8:00pm**  
**February 25, March 3, March 10, March 17**

#### **Session 6: Great People of the Bible**

Quick – think of a person from the Bible. No, not Jesus, another person. I’m waiting.... when most of us think of people in the bible we think of Jesus, but guess what – the bible is full of interesting people - some you may be familiar with others that may be new to you. This topic will focus on what we can learn from great people in the Bible.

**Mondays 7:00-8:30pm**  
**February 26, March 4, March 11, March 18**

**Safe Environment Training (required annually) – Additional Information about this Training will be posted at a later date**