

## 6<sup>th</sup> Grade Mini-Course Descriptions for 2024-2025

### **Fall/Winter 2024**

#### **Session 1: The Beatitudes**

Transforming the Beatitudes into your own “BE” – “ATTITUDES”. The Beatitudes are a road map, calling each of us to ACTION! This mini-course will encourage teens to think about how the Sermon on the Mount impacts their life. Participants will be encouraged to think about how the Beatitudes call each of us to ACTION, and learning how to make the Beatitudes into “BE-ATTITUDES”!

**Sundays 6:30 – 7:30pm**  
**October 6, October 13, October 20,**  
**October 27, November 3**

#### **Session 2: Mary: Blessed Mother**

This course will look at Mary’s role as Mother. Mother of Jesus, Mother of the Church, Mother for each of us. In addition prayers of devotion, novenas and the rosary will all be taught to provide a deeper and better understanding of the importance of Mary in our Catholic faith tradition.

**Wednesdays 6:30-7:30pm**  
**October 9, October 16, October 23,**  
**October 30, November 6**

#### **Session 3: Jesus is my BFF and was a Teenager too.**

When it comes to being a good friend, and choosing good friends, – What Would Jesus Do? This course will look at the Gospel stories of Jesus’ life to see what messages teens can find on guiding and building their own friendships - and hopefully making a Best Friend Forever in Jesus.

**Mondays 6:30-7:30pm**  
**November 25, December 2, December 9,**  
**December 16, January 6**

### **Winter/Spring 2025**

#### **Session 4: The Trinity**

The Trinity is the central mystery of the Christian faith and man, can it be a mystery to understand. This mini-course will strive to shed a little light on the church’s teachings around The Trinity. We will introduce participants to ways the mystery of the Trinity has been expressed through art, music and poetry in the Catholic tradition.

**Wednesdays 6:30-7:30pm**  
**January 15, January 22, January 29,**  
**February 5, February 12**

#### **Session 5: Lent 101**

What is Lent all about? Have you heard the words: “Prayer, Fasting, Almsgiving” and wondered – what does that mean? This mini course will focus on the symbols, prayers and practices of the Lenten season to offer young people a deeper understanding of the importance of these practices as Catholics.

**Sundays 6:30 – 7:30pm**  
**February 23, March 2, March 9, March 16,**  
**March 23**

#### **Session 6: Great People of the Bible**

Quick – think of a person from the Bible. No, not Jesus, another person. I’m waiting.... when most of us think of people in the bible we think of Jesus, but guess what – the bible is full of interesting people - some you may be familiar with others that may be new to you. This topic will focus on what we can learn from great people in the Bible.

**Mondays 6:30-7:30pm**  
**March 3, March 10, March 17, March 24,**  
**March 31**

**Safe Environment Training (required annually) – Additional Information about this Training will be posted at a later date**